Zone																								
Japan	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
PST=SLT (except summer)	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	0	1	2	3	4	5	6
PDT=SLT (Mar. 2nd Sun.-Nov. 1st Sun.)	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	0	1	2	3	4	5	6	7
UTC=GMT	15	16	17	18	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14
BST (Mar. last Sun.-Oct. last Sun.)	16	17	18	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

Japan time is 17(16*) hrs advanced from PST/SLT and 9(8*) hrs advanced from UTC/GMT,
so when Japan time is smaller than PST/SLT/UTC/GMT, it means next day!　　*: (summer)